

CDED Clinical Evidences

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1. CLINICAL STUDIES

- ➔ Levine A & Wine E., Effects of enteral nutrition on Crohn's disease: clues to the impact of diet on disease pathogenesis, *Inflamm Bowel Dis.* 2013;19:1322-1329.
- ➔ Sigall-Boneh et al., Partial enteral nutrition with a Crohn's disease exclusion diet is effective for induction of remission in children and young adults with Crohn's disease, *Inflamm Bowel Dis* 2014;20:1353-1360.
- ➔ Sigall-Boneh et al., Dietary Therapy With the Crohn's Disease Exclusion Diet is a Successful Strategy for Induction of Remission in Children and Adults Failing Biological Therapy, *J Crohns Colitis.* 2017;11(10):1205-1212.
- ➔ Levine et al., Crohn's Disease Exclusion Diet Plus Partial Enteral Nutrition Induces Sustained Remission in a Randomized Controlled Trial *Gastroenterology*, 2019;157:440-450.
- ➔ Levine et al., A Case-Based Approach to New Directions in Dietary Therapy of Crohn's Disease: Food for Thought, *Nutrients* 2020, 12; 880.
- ➔ Sigall-boneh et al., Dietary Therapies Induce Rapid Response and Remission in Pediatric Patients With Active Crohn's Disease, *Clin Gastroenterol Hepatol* 2021 Apr 1, Vol. 19, Issue 4, p.752-759.
- ➔ Niseteo et al., Modified Crohn's disease exclusion diet is equally effective as exclusive enteral nutrition: Real-world data. *Nutr Clin Pract.* 2021;1-7
- ➔ Scarallo L et al., Crohn's Disease Exclusion Diet in Children with Crohn's Disease: a Case Series. *CMRO* 2021, Volume 37, Issue 5.
- ➔ Szczubelek et al, Effectiveness of Crohn's disease exclusion diet for induction of remission in Crohn's Disease Adult Patients, *Nutrients.* 2021;12:4112.
- ➔ Yanai et al., The Crohn's disease exclusion diet for induction and maintenance of remission in adults with mild-to-moderate Crohn's disease (CDED-AD): an open-label, pilot, randomized trial, *The Lancet.* 2022;7:48-59.
- ➔ Matuszczyk et al., Effect of the Crohn's Disease Exclusion Diet (CDED) on the Fecal Calprotectin Level in Children with Active Crohn's Disease, *J. Clin. Med.* 2022, 11, 4146



2. SUPPORTIVE REVIEWS

- ➔ Levine et al., Evolving role of diet in the pathogenesis and treatment of inflammatory bowel diseases, Gut 2018;67:1726–1738.
- ➔ Levine et al., Dietary Guidance From the International Organization for the Study of Inflammatory Bowel Diseases, Clin Gastroenterol Hepatol 2020;18:1381–1392.
- ➔ Moriczi et al., Predictors of Response to Exclusive Enteral Nutrition in Newly Diagnosed Crohn’s Disease in Children: PRESENCE Study from SEGHNIP . Nutrients 2020, 12; 1012.
- ➔ Herrador-López M., Martín-Masot R. & Navas-López V., EEN Yesterday and Today... CDED Today and Tomorrow, Nutrients 2020, 12(12), 3793.
- ➔ Scarallo L & Lionetti P, Dietary Management in Pediatric Patients with Crohn’s Disease, Nutrients 2021, 13, 1611.
- ➔ Narula et al., Association of ultra-processed food intake with risk of inflammatory bowel disease: prospective cohort study, BMJ 2021;374:n1554
- ➔ Matuszczyk, M.; Kierkus, J., Nutritional Therapy in Pediatric Crohn’s Disease—Are We Going to Change the Guidelines? J. Clin. Med. 2021, 10, 3027
- ➔ Agrawal et al., Approach to the management of recently diagnosed inflammatory bowel disease patients: A user’s guide for adult and pediatric gastroenterologists, Gastroenterology. 2021;161:47–65.